

## That's the way Kathleen does it?

I have recently enjoyed a book that shared the spiritual wisdom of revered Hawaiian elder and spiritual teacher Hale Makua. At one point just before the author was to have an important meeting with Makua, he, Makua, stood and started to chant as he called in the spirits of the ancestors and the spirits of the land. The author describes how an amazing thing happened. It began with a static charge of electricity that he could feel building up around him. His skin began to crawl. It was as though lightning was about to strike, yet the sky was clear. As he felt the charge building, he was suddenly covered in goose bumps. His hair and beard although cut quite short at the time, he could feel that charge of power causing his hair to stand up and he watched astonished as Makua's hair and beard began to stand out as well. It was as though they had put a hand on one of those round metal devices in science museums designed to conduct electricity. This chanting, calling in of the spiritual forces lasted for some time over half an hour to maybe an hour. I thought "this is how Kathleen does it!" I had sat at the beginning of many workshops and other events when Kathleen had called in the "energies" taking thirty or forty minutes, and sometimes feeling the shivers and/or the daydream state of light trance descend on me. I admit in the early days I felt impatience and wondered if it was all necessary. Now I understand and I was pleased to recognise the description of this "calling in". This led me to remember Kathleen writing about her visit with Naomi White Bear. I copy the excerpt from the book "Tera, My Journey Home"

When I went up to Sedona, Arizona with Kim Williamson and Crystal Wilk in November, 1996, we stayed at the home of Naomi White Bear (White Bear's widow), which was in itself a miracle. Naomi was tight-lipped, yet, at the same time, she was drawn to me, and she asked me to sit down next to her. As she gazed into my eyes with her soft eyes, I could feel that she was psychically reading me. Then she asked me if I would do a healing on her. As soon as I put my hands on Naomi, she could feel the energy moving in her body. At one point, Naomi blurted out, 'You are doing what the Hopi medicine men do when they heal, but they do their medicine four times for the four directions, not three times like you are doing.' What I personally believe is that the healing techniques I used on Naomi, which are found herein, are the same healing modalities that have been used by Hawaiian shaman, East Indian gurus, African shaman, the wise women of Europe, Jesus and his followers, the priests and priestesses of ancient Egypt and other shaman throughout time.

I then started to recall other instances where I had not realised the true worth of what Kathleen does and how amazing what she calls “the gifts of the spirit” are, and how easily I could be impressed by the publicity and hype surrounding some other teachers/healers above what I am already fortunate to have access through Kathleen’s work. I think perhaps she has been much underestimated.

Another example of this is how impressed I was reading about a very long standing Reiki practitioner who trained in Japan in 1954 and this practitioner was taught by a man who studied directly with Mikao Usui! I wondered if Kathleen knew about this, and when I asked her about it, not only did she know, but this person had attended one of her first Tera-Mai classes wanting to put the Tera-Mai energies into their own practice.

A couple of years ago we organised a class with Kathleen in the UK that included the Shakti Pac energy transfer to the spine. Many of the people I know are in awe or at least have great respect for the teachings and the person of Humbatz Men the Mayan day keeper. Kathleen mentioned to me that it was Humbatz Men who had taught her how to give this energy transfer to others and that he did not give this teaching to everyone in the group she was with. Again I thought she was singled out because of her special gifts.

Finally I feel it is worth remembering that Kathleen was given the information regarding the missing symbols and initiation procedures during a consciousness raising experience whereby she was fully participating in the Otherworlds and receiving teachings from a Higher Being. I have not come across any one else who has had this experience in the Reiki world. This is a totally different game of conkers to receiving information via meditation or channelling. I have only read about this phenomenon in fictional novels where the characters have vibrated into another dimension and they actual appear to disappear, become invisible to onlookers in this world.

I do not know why Kathleen is not always given the credit for all the work she does, maybe it is because she is so approachable and down to earth, she turns up if you organise a class even if it is for a very few people. All the “big stars” on the circuit seem to have managers etc, who book them into venues of several hundred even a thousand people. I once attended a workshop that had about twenty people attend and the renowned teacher refused to teach the class as it was not the numbers he was used to.

At one class we organised with Kathleen in the UK we were let down by the people who were to bring food to help out with feeding the workshop participants the next lunchtime. Kathleen rolled up her sleeves and raided the store cupboards and mucked in to help us provide a plentiful and tasty lunch for about twenty people that we had in the class, and all this after she had spent a day and half travelling from the USA and teaching a day long class, giving initiations and healing sessions.

I for one am impressed and trust she will be recognised when the time is right and the truth is revealed.

Thank you Kathleen, deep respect to you, (even if I do keep nagging and asking you awkward questions. Thank you for your patience.)