

Tera-Mai Classes 24th June – 3rd July 2017 by Kathleen Milner

Venue: Quality Hotel, Birmingham Rd, Allesley, Coventry CV5 9BA

Descriptions for Initiations & Classes

INITIATION DESCRIPTIONS

TERA-MAI REIKI

Golden Elemental Earth Energy / Golden Cosmic Energy & Golden Bubbles www.kathleenmilner.com/tera mai reiki classes.htm

Recently, God Himself added Golden Cosmic Energy and Golden Bubbles to Tera Mai Reiki. Healings and Spiritual experiences are remarkable. When a former Tera Mai initiate is re-initiated into Tera Mai Reiki I, II & III (on a donations-are-accepted basis) the Golden Cosmic Energy and Golden Bubbles quickly flows through all of the Tera Mai Reiki initiations that the initiate has received thus far.

- Tera-Mai Reiki I: A 21-day, self-healing cycle begins.
- Tera-Mai Reiki II: Initiates an increase in healing energy.
- Tera-Mai Reiki III: Further increase in healing energy.

TERA-MAI SEICHEM

Existing Tera-Mai Seichem initiates can be reinitiated into the <u>Tera Mai Reiki I, II and III with Cosmic Gold and Golden Bubbles</u> by someone who has been initiated into these energies and can pass them on.

<u>Note:</u> a new initiation technique for passing on these initiations has very recently been brought to Tera-Mai. Contact Kathleen Milner or Anita O'Hagan to learn the technique. www.kathleenmilner.com/tera mai seichem classes.htm

Tera-Mai Seichem includes the following elemental rays:

- Tera-Mai Reiki: Golden Elemental Earth Energy / Golden Cosmic Energy.
- <u>Tera-Mai Angeliclight:</u> Two-fold energy of Elemental Air Energy and additional Angelic help. Presence of Angels often experienced. Enhances the healing ability of the third eye, voice and breath. Brings up mental issues to be released and healed
- <u>Tera-Mai Sakara:</u> Elemental Fire Energy is clearly distinguished as rapid pulses or sparks of low-voltage. Oftentimes, the healer will experience the sensation of pins &needles-like energy in the palms of his or her hands. Healees often feel the sparkling energy or a current of energy on or in their body. Fire gives the healer the ability to heal the aura *(energy field)* surrounding the living.
- <u>Tera-Mai Sophi-EI:</u> Elemental Water Energy is experienced oftentimes as undulating waves of cool energy. Cleansing! Brings up emotional issues to be released and healed.

<u>Tera-Mai Seichem I</u> - Tera-Mai Seichem includes all 4 elemental rays of healing. Universal Earth, Air, Fire and Water elemental rays of healing are the same energies used by healers and Shaman throughout time.

Tera-Mai Seichem II (prerequisite is Tera-Mai Seichem I) - Second initiation into rays of elemental healing.

<u>Tera-Mai Seichem Mastership</u> (prerequisite is Tera-Mai Reiki Mastership). This initiation includes the third initiation into elemental earth healing ray, and it also has elements of fire, air and water.

TERA-MAI AKASHA SEICHEM

Earth, Air, Fire, Water & Ether Elemental Healing Rays from God are now all in Tera-Mai Akasha Seichem. Golden Tera Mai Reiki works in combination with Tera-Mai Akasha Seichem to elevate and empower the **5 elements** so that healings are deeper, happen faster, and are more complete.

Golden Tera Mai Reiki One weaves into Tera-Mai Akasha Seichem One, which weaves back into the Reiki. Weaving and integration process can take several months.

Afterwards, the second initiations come in and weave back and forth. After the second initiations are integrated, the third initiations come in.

If the initiate has been initiated into Tera-Mai Sakara, Sophi-El and Angeliclight, there is another elevation.

If the initiate has been initiated into Tera-Mai Cahokia, additional elevations of healing occur.

If the initiate is initiated into traditional Tera-Mai Seichem, the weaving process happens in the same way but without the 5th element, Ether.



POWER of 5 ELEMENTAL HEALING RAYS WORKING TOGETHER IN TERA-MAI AKASHA SEICHEM

- Balanced energy produces phenomenal physical, mental and emotional healings.
- Healings are so profound that the healer feels and experiences healing coming back to him or her.

INITIATIONS INTO TERA-MAI AKASHA SEICHEM

Re-initiations for properly attuned Tera Mai Seichem students, who are abiding by **Buddha's Tera Mai standards**, are given on a donations-are-accepted basis. Student will also need to be re-initiated into Golden Tera Mai Reiki.

NEW! - for first time to be taught in Coventry in June 2017 :-

TERA MAI AKASHA SEICHEM MASTER TEACHER LEVEL

Learn to pass on the initiation in Coventry in June/July 2017. Pre-requisite for Tera Mai Akasha Seichem is Golden Tera Mai Reiki.

TM REIKI IV, V, VI & VII AND TM SEICHEM IV, V, VI & VII

The initiations are given at the Solar Plexus. Inner knowing, clairsentience and 'gut feelings' come to us through the solar plexus.

All great healers and great prophets received information through an Angelic adjustment or opening of the Solar Plexus. The clearer the Solar Plexus, the more accurate the readings. www.kathleenmilner.com/tera mai reiki IV.html

Pure White Light Healing from Source is found within these initiations. If you were to think of Tera-Mai in terms of building a house: The hammer, saw and screwdriver would be like Tera Mai Reiki and Tera Mai Seichem. Tools that are used for intricate and deeper work are like Sakara, Sophi-El and Angeliclight. Creation of a flow pattern would be like Cahokia. The Universal Architect, to direct construction would be like IV, V, VI and VII.

- Tera-Mai Reiki IV, V, VI & VII are given together Pre-requisite is Tera Mai Reiki Mastership
- Tera-Mai Seichem IV, V, VI & VII are given together Pre-requisite is Tera-Mai-Seichem Mastership

Tera-Mai Reiki and Seichem IV, V, VI & VII initiations are very helpful to have before receiving Sakara or Cahokia, but they are not mandatory.

TERA-MAI HEART CHAKRA INITIATION

The First Tera Mai Heart Chakra initiation opens the initiate's heart to be healed, and to heal directly through God / Goddess' Heart. The initiation also activates the aqua blue chakra (High Heart Chakra), which is located between the heart and throat chakras. The heart-felt energies of this initiation may be used in more effective prayer, and silent prayer that guides the meditator to the heart, and to find ones true life / Spiritual path. When Love is found and used in its purist form, it stimulates the physical body in such a way that many new stem cells are created. **Anyone may receive this initiation.**

The Second Tera-Mai Heart Chakra initiation enables the initiate to pass on the first Tera-Mai Heart Chakra initiation. Initiates must have at least Tera-Mai Cahokia III to pass on the first Tera-Mai Heart Chakra initiation. Initiates find that they are better able to pull off 'negativity' easily, effectively and gently. Perhaps, this is due to the new, softer healing energy that comes out of the palms of the hands and the fingertips. It brings a way to the Spiritual Gift of Wisdom & Love, which King Solomon possessed.

Those who have also been initiated into Tera-Mai Heart Chakra initiation will find that the energy and warmth at the solar plexus combines with the energy and warmth at the heart chakra. This magnifies the experiences of both initiations.

TERA-MAI SAKARA II & III

Those attuned into these higher vibrations of fire, air and water are able to facilitate considerable clearing and healing for others. However, these higher initiations are not for individuals who have deep, unresolved mental, emotional or Spiritual issues. People who have unaddressed, underlying issues are better off being initiated into self-healing energies of Tera-Mai Reiki and/or the Tera-Mai Heart Chakra initiations and working with these energies. www.kathleenmilner.com/sakara 2 and 3 classes.htm



Sakara II includes Sophi-El II and the second Angeliclight attunements (Prerequisite is Tera-Mai Seichem III or Mastership)

These 3 initiations further expand the elements of fire, water and air. Initiates notice an increase in what each elemental healing energy is able to do.

Sakara III includes the third Angeliclight attunements (*Prerequisite is Tera-Mai Sakara II*) These 2 initiations further expand and complete the initiations into the elements of fire, water and air.

There is a connection between the third Sakara and second Sophi-El initiations that causes the energy of Sophi-El to go up when the third Sakara initiation is given.

Again, the energy of the elementals is further enhanced and the initiate notices a further increase in the healings.

TERA-MAI CAHOKIA

<u>Tera-Mai Cahokia 1 to 6</u> initiations weave the elemental healing rays into increasingly complex patterns of healing & intuitive energies and abilities. <u>www.kathleenmilner.com/cahokia_classes.htm</u>

When combined with the *Emerald Green* from both Heaven and Earth, results are oftentimes astounding.

Tera-Mai Cahokia 7 is a 'bridge of Light' between Cahokia VI and Cahokia VIII. The bridge to clearer communication with God's Angels. The new Tera-Mai Cahokia 7 connects the initiate to the 'in-between times.' Dusk and dawn are both inbetween-times when it is neither day nor night. Midnight is the moment between days. A pause between an inhale and exhale is also an in-between time. Being in a state absent of thought or awareness is a state of neither being conscious nor asleep. It is in these states that Spirit is better able to communicate with us. The new Tera Mai Cahokia 7 offers additional pure and protected opportunities.

For those who have previously received Tera Mai Cahokia 7, I offer re-initiation on a donations-are-accepted basis.

Tera-Mai Cahokia 8

Cahokia 8_brings more physical healing. Angelic construction might best describe the initiation process. The ability to locate formerly unseen and unknown stubborn, stuck issues increases. When these issues are released dramatic healings are possible and happen.

Tera-Mai Cahokia 9

Cahokia 9 activates the mind's eye in such a way that seeing what is to be removed and what is to fill the voids is greatly enhanced. The analogy might be that nobody would want a blind surgeon working on them. When dark energies are seen they are able to be removed.

Tera-Mai Cahokia 10

Cahokia 10 is one of the Universal Elemental Healing Initiations of Tera-Mai. Healings with Cahokia 10 come closer to healing in the manner of Jesus. Energies and abilities of Cahokia 10 are Gifts of The Spirit, which flow through the Tera-Mai healer.

Placing the right hand on the heart chakra and left hand on the solar plexus sends powerful healing energy throughout the body to wherever it is needed.

Colored electrical energy is able to take form in the healers hands and stream to the healee to bring about clearing and healing and raise consciousness.

Cahokia 10 consists in part of electrical streams of energy. This attunement flows easily into the initiate because the initiate has a solid foundation, beginning with Tera-Mai Reiki I.

Each of the Tera-Mai Reiki, Tera-Mai Seichem & Tera-Mai Sakara, Sophie-El & Angeliclight, and Cahokia 1 - 9 attunements have brought the initiate up to a level where the initiate easily accepts and integrates Cahokia 10. God's Angels work with God's Energy to bring about clearing, healing & consciousness.

Tera-Mai Cahokia 11 - 13 (description was not available at time of printing, refer to Kathleen Milner for more information)



SHAMANIC CLASSES - SHAMAN IS ANOTHER WORD FOR A HEALER, PSYCHIC OR MYSTIC.

FIRST SHAMANIC CLASS (2 day class) www.kathleenmilner.com/shamanic classes.htm

Day One:

Introductory ceremony to release what is no longer wanted and bring in a gift from God's Angels. Journeys to the Otherworlds of Spirit.

Universal initiations given after each journey:

- YOD: Opens etheric channel for creativity, and clear communication
- 7-Rays: Open the heart and the gemlike chakras in the fingertips
- Violet Flame: Transformation
- Original initiation into the Order of Melchizedek as mentioned in the Old & New Testaments: Foundation for healing work
- <u>First Enochian Magic initiation</u>: Enochian Magic opens etheric channels at third eye, etheric solar plexus and soles of feet. Angel Enoch comes in to connect the initiate to the Light of Enoch. The following journey grounds the initiation. The fears. It is important to release fears, because fear chokes us and prevents us from moving forward. To understand the Enochian Magic initiations, click here: <u>Light of Enoch</u> or <u>www.tera-maiconversation.com/blog/light-of-enoch</u>

Day Two:

Each journey connects initiate to a place in nature or the Angelic realms, colours and higher beings. Most people feel the incredible power of this work.

Each workshop participant takes a turn being the Shaman and being the healee in the following Journeys:

- Power Animal Retrieval,
- Soul Retrieval
 - Without knowing the question, participants will journey and do readings from Otherworlds.
- · Participants will journey and do healings from the Otherworlds

For those who have already received the above initations at previous shamanic classes they will receive the next level of initiations as follows:

Second Enochian Magic initiation: Second Enochian Magic Initiation

Further opens etheric channels. Angel Enoch comes in to connect the initiate further to the Light of Enoch.

THIRD SHAMANIC CLASS

Third Enochian Magic initiation:

Further opens etheric channels. Specifically, down the spine and shoulder blades.

- Aura transformation
- Light energy, like wings, comes through shoulder blades.
- Angel Enoch comes in to connect the initiate further to the Light of Enoch.

Fourth Enochian Magic Initiation:

 Celestial energy comes into crown and into each vertebrae. Palms of hands are further opened to the Light of Enoch.

FOURTH SHAMANIC CLASS

Prerequisite - Tera Mai Seichem II

Highly beneficial - First Shamanic Class

Initiation given at the palms of the hands and vibrates through entire body.

Ancient Initiation at the wrists, thumbs & index fingers

- Angel Israel opens the minds eye and heart, so as to connect to God's Angels in a special way.
- Allows more Angeliclight to flow through fingertips.
- Practice looking into the physical body to find root cause of disease & pain.
- Then work with God's Angels by simply watching them heal.



- This is how I worked with God's Angels when I was very young.
- Connection to Emerald Green Energy from both Heaven & Earth. www.kathleenmilner.com/emerald-green.html
- Emerald Green from the Holy Spirit comes into the top of the head, down the front and into the front Solar Plexus.
 - Opens intuition and inspires greater Spiritual communication.
 - Emerald Green from Earth comes into the ankles, up the back of the legs and spine, and into the back Solar Plexus.
- Helps bring about physical manifestations; such as, prosperity & generosity, physical healing and earthly opportunities.
 - Initiate opens his or her own heart and sends Pink Love to his or her Solar Plexus.
 - This connects and holds the Emerald Green from above and the Emerald Green from below.
 - Without this connection the Emerald Green goes away.
 - The Pink Love must come from the initiate. No one is able to do this for you.

Initiator must be channeling the Emerald Green in order to pass it on. In addition, he or she must be able to call upon The Holy Spirit, and be respectful of the Earth.

THE FLAMES OF FIRE FROM THE HOLY SPIRIT HEAL THE SOUL.

The majority of Tera-Mai healers have been initiated into the Violet Flame, which comes from The Holy Spirit www.kathleenmilner.com/seven-holy-flames.html

- If you were initiated into the Violet Flame of transformation through Tera Mai:
 - You are able to connect to the White Flame of The Holy Spirit.
 - White Flames burn darkness to the ground and are able to go through time lines.
- If you are connected to the White Flame:
 - You are able to connect to the Golden Flame of The Holy Spirit.
 - Golden Flames burn away pain & trauma, and the memory of pain & trauma.

- If you've been initiated into Golden Tera-Mai Reiki One & Tera-Mai Akasha Seichem One:

- You may be initiated into The Tera-Mai Seven Holy Flames.
- Violet, White, Golden, Blue, Green, Pink & Red Flames

What the Blue, Green, Pink & Red Flames burn away and what is accomplished:

- Blue Flames are God's protection. Blue Flames also clear & heal.
- Green Flames heal & open doors to prosperity. (Abundance is not just money!)
- Pink Flames heal the heart & open the Heart Chakra
- Heart Chakra is where the kingdom of heaven is found within.
- Red Flames provide energy for manifestation & grounding.

GROUP PAST LIFE REGRESSION.

Workshop participants are guided into a deep meditation and regressed into former lifetimes. www.kathleenmilner.com/one_day_group_past_life.html

Angels work with each participant to clear and heal whatever 'went wrong.' People may share afterwards. Group healing circle to clear any remaining 'stuff' so that he or she is able to move on.

HEALING WITH THE GODDESS & NATURE SPIRITS.

A day of magic and healing: www.kathleenmilner.com/one day healing with the goddess.html

Celtic ceremony involving the Well and the Tree for the purpose of clearing and bring in positive changes.

- Working with The Goddess and Nature
- · Connecting with nature spirits and fairies
- Divination and healing with nature spirits and fairies
- Calling upon The Goddess and comparing the difference in energy between God and Goddess.
- 4 Shamanic journeys with 4 magical Cahokia horses:
 - o Buckley, whose gift is power and the correct use of will.
 - o Christie, whose gift is pure love.
 - o Melchizedek, the healer who brings up issues.
 - o Duchess, who works directly with Archangel Raphael.
- Shakti Pac is given. It is not a true Universal initiation, as people receive from Spirit what is in their highest and best interest to receive. A Shaman who is channeling enough energy is able to create a ball of energy, which is then slapped into the back heart chakra.